



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

200
1822 - 2022

Man Geni Addysg Uwch yng Nghymru
Where Higher Education Began in Wales

Safeguarding Approach

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www.uwtsd.ac.uk

The University's Overall Approach is outlined in the University's [Safeguarding Policy](#).

The Key features of our approach are that:

- It responds directly to national legislation in Wales and England.
- It covers both children and vulnerable adults.
- Safeguarding is a collective responsibility.
- Clear reporting routes, central triage and escalation. (Risk)
- Safeguarding Officers lead in key departments and report into a central Forum.
- The menu of support available includes: wellbeing; counselling; financial support; specialist mentoring; referral to statutory bodies and/or specialist organisations.
- It reinforces and is under-pinned by relevant University Policies, including:

Data Protection (and Information Sharing); Admissions Policy (including Criminal Convictions processes); Student Disciplinary Policy; Harassment and Bullying Policy; Support to Study Policy; Prevent-related Policies.

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The supplementary policies include the detail which allow the University to take action on safeguarding issues:

In particular in relation to:

- Use of emergency contact information
- Consent to share
- Disclosure response
- Student behaviour / Code of Conduct information
- Admissions
- Criminal conviction disclosure

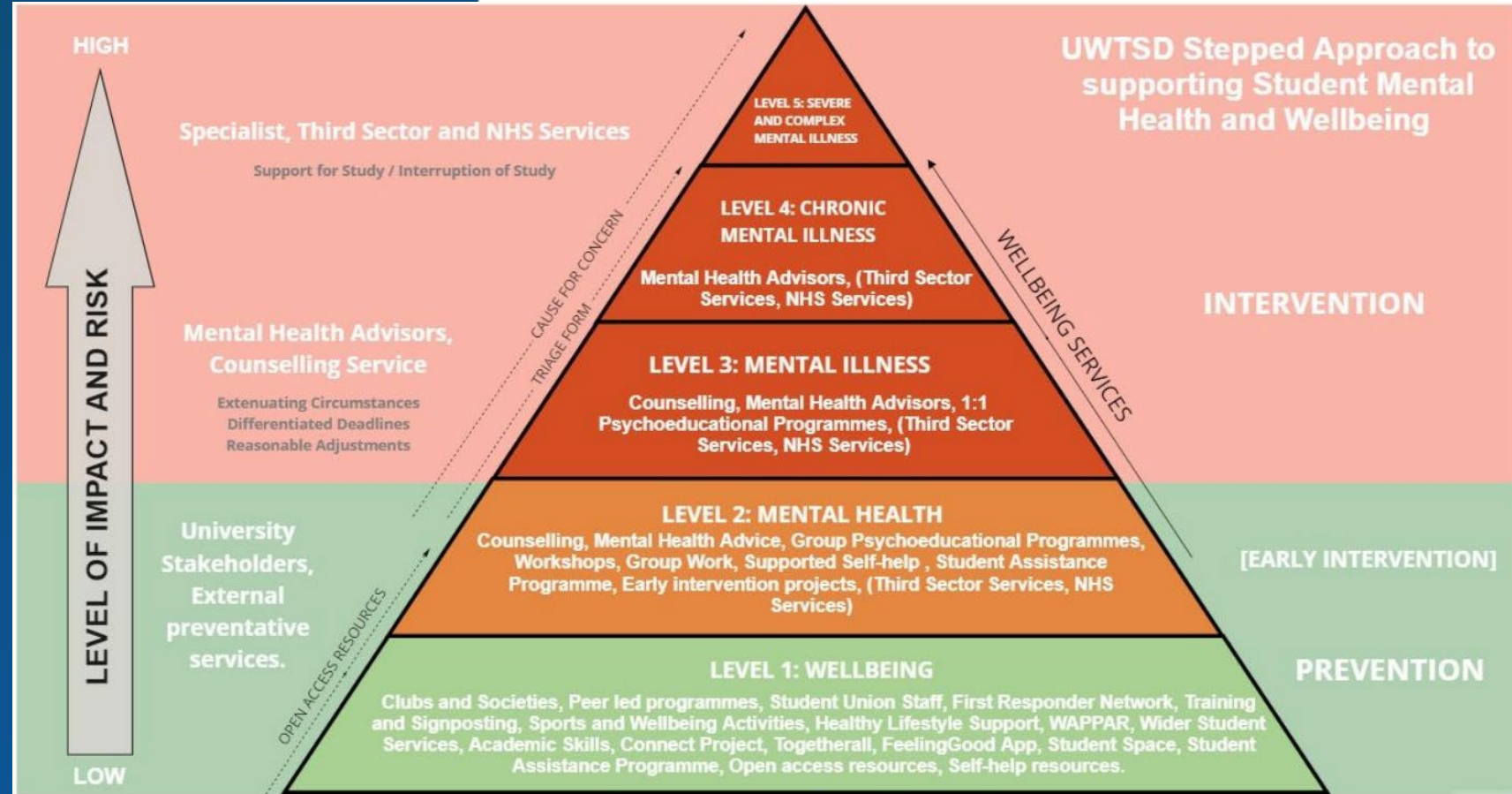
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The policy outlines a number of responsibilities and approaches for collaborative partnerships:

- **Submission of safeguarding policies at the approval stage**
- **Admissions policies which reflect current legislation, including in respect to Criminal Convictions.**
- **Key information kept up-to-date**
- **Use of the University's Placement Protocol for any students on placements**
- **Use of the University's Code of Practise for Postgrad research Degrees, including specific protocols for Ethics approval.**
- **Commitment to report safeguarding issues as they arise to the relevant Partnership team Leader.**

Student Wellbeing



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Services

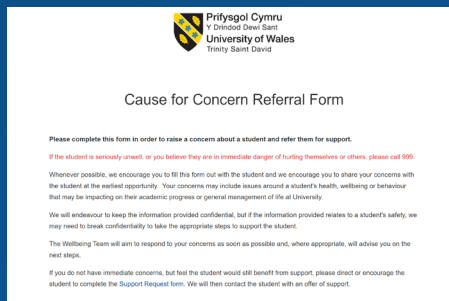


Wellbeing Support Request Form

Wellbeing Support
This form aims to ensure that we fully understand the issues you are experiencing, how these are affecting your studies and to identify appropriate support.

Next steps
Confirmation that you have completed the form, and all further communication, will be to your UWTSD email. In the case of an emergency, we will use the contact details you provide on the completion of this form.
Once we have triaged your form, we will contact you via your UWTSD e-mail to explain the next steps in the support process, including the types of support we will offer you.
The purpose of this form is to ensure that we fully understand the issues you are experiencing and how these are impacting your studies.
It is important to note that our principal role is to provide sufficient levels of support to enable you to continue to engage with your studies. We are not an emergency or out-of-hours service although we can support you with making urgent or emergency referrals within the usual working day. You will need to contact emergency services for urgent out-of-hours support via the 999 telephone number.

Out of hours support
You can also contact the Student Assistance Program. Live chat and support are available 24/7/365, via the Free Health Assured telephone helpline, 0800 028 2796.
[More on the Student Assistance Program](#)



Cause for Concern Referral Form

Please complete this form in order to raise a concern about a student and refer them for support.
If the student is seriously unwell, or you believe they are in immediate danger of hurting themselves or others, please call 999.

Whenever possible, we encourage you to fill this form out with the student and we encourage you to share your concerns with the student at the earliest opportunity. Your concerns may include issues around a student's health, wellbeing or behaviour that may be impacting on their academic progress or general management of life at University.

We will endeavour to keep the information provided confidential, but if the information provided relates to a student's safety, we may need to break confidentiality to take the appropriate steps to support the student.

This Wellbeing Team will aim to respond to your concerns as soon as possible and, where appropriate, will advise you on the next steps.

If you do not have immediate concerns, but feel the student would still benefit from support, please direct or encourage the student to complete the Support Request form. We will then contact the student with an offer of support.

Wellbeing Advisory Service:

- Assessment
- Triage
- Action-Plan
- Referral

Two routes in:

- Student completes the Support Request form:
[UWTSD Wellbeing Service \(uniticms.com\)](https://uniticms.com)
- Anyone can complete a Cause for Concern form:
[UWTSD Wellbeing Service \(uniticms.com\)](https://uniticms.com)

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Once we have triaged your form, we will contact you via your UWTSd e-mail to explain the next steps in the support process, including the types of support we will offer you.
The purpose of this form is to ensure that we fully understand the issues you are experiencing and how these are impacting your studies.
It is important to note that our principal role is to provide sufficient levels of support to enable you to continue to engage with your studies. We are not an emergency or out-of-hours service although we can support you with making urgent or emergency referrals within the usual working day. You will need to contact emergency services for urgent out-of-hours support on the 999 telephone number.

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We will endeavour to keep the information provided confidential, but if the information provided relates to a student's safety, we may need to break confidentiality to take the appropriate steps to support the student.

This Mentoring Team will aim to respond to your concerns as soon as possible and, where appropriate, will advise you on the next steps.

If you do not have immediate concerns, but feel the student would still benefit from support, please direct or encourage the student to complete the Support Request form. We will then contact the student with an offer of support.

Counselling Service:

- Referral from triage
- Not a crisis service
- Focused work on specific issues

Mental Health Mentoring:

- Assistance with managing ongoing or emerging conditions
- Aimed at assisting students in academic and social progress

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Services UWTSD offers to students

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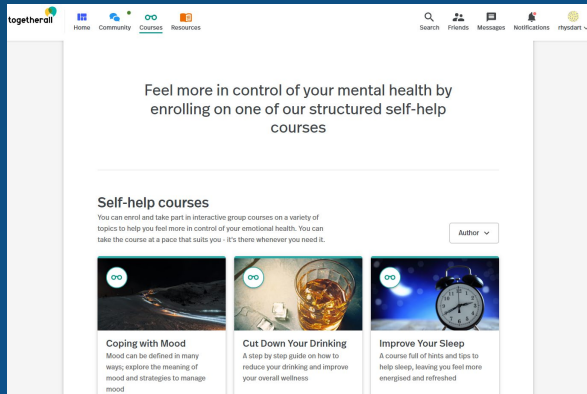
Self-help / Self-Management Resources:

Student Assistance Programme, 0800 028 3766

-24/7 Helpline for Students to call

- Support available on a wide range of issues:
Finance/Money; Accommodation; Rights; Contracts;
Employment; Bereavement; Wellbeing
- Trained advisors available, including mental health professionals
- Will take calls from staff who are dealing with students in crisis
- Also an app 'MyHA' which staff can download and use; includes mini health checks and lots of wellbeing resources.

Services



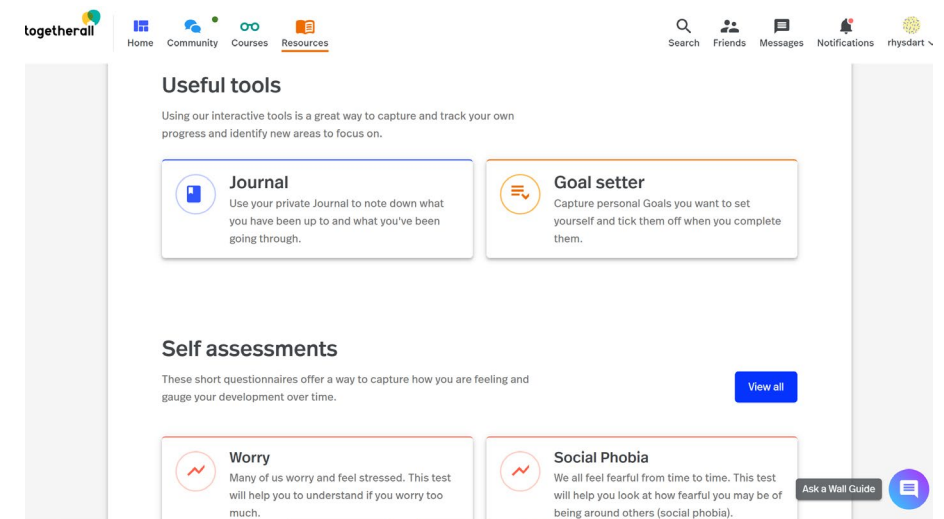
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Self-help / Self-Management Resources:

Together All

- Available to all staff and students
- Wellbeing online community
- Courses, tools and self-assessments
- Moderated message board



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Self-help / Self-Management Resources:

Feeling Good App

[Feeling Good App for UWTSD – Feeling Good](#)

- Audio based, mind training programme
- Recommended by NHS
- Mood-tracker & Positive Mental Thinking skills training

Skills Development

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Commitment made in the **University's Health and Wellbeing Strategy** to increase positive mental health literacy throughout the University.

Recognition that student-facing teams are likely to come into contact with students with poor mental health, or in crisis.

Programme of training available via Student Services:

- Mental Health First Aid
- ASIST suicide prevention
- SafeTalk suicide alertness

Skills Development

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Training is offered not because there is an expectation that staff will personally deal with students in crisis, or suicide intervention.

Rather so that staff have the skills and confidence in the event of a situation arising.

Common themes

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Currently UWTSD common safeguarding themes are:

- Financial crisis, cost of living pressures
- Domestic violence
- Harassment, Sexual harassment and bullying
- Anxiety & Depression
- Psychosis
- Suicidal Ideation

Nationally, themes include:

- Growth of right-wing ideologies & extremism
- County Lines activity (drugs)

Recent sector developments

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There have been a series of high-profile cases within UK HE related to student additional needs disclosure, speed of institutional response, decision-making and information sharing.

There is also updated UUK guidance related to needs disclosure, which recommends that providers:

- Implement [a checklist](#) to better support students undertaking placement activity.
- Adopt a [proactive response and clear policies](#) around sharing information with trusted contacts.